Greetings from the Office of First Year Experience Programs

March is often a whirlwind on campus! Between mid-term exams, spring break, and March Madness, there are certainly plenty of activities to fill your schedule. Prioritize when needed. Make time to study hard for exams, but also allow yourself to unwind by spending time with family and friends. Topics for this March Newsletter include:

- Multicultural Campus with a Culture of Care
- Study for Success
- Spring Break Tips
- IMU Late Night Activities
- Become a Welcome Week Assistant
- IU Bucket List Featured Activity

A Multicultural Campus with a Culture of Care

An important consideration as a member of the IU community is how you engage with others in the community and how to develop your understanding of other cultures. As part of the Indiana Promise, each student pledges to respect the dignity of others, treating them with civility and understanding. By stepping out of your comfort zone and learning about others, you can contribute to creating a Culture of Care where every individual is respected and Culture and Support Centers valued. Indiana University Bloomington offers a wide array of resources and programs to help you with this process. These resources include the Culture and Support Centers, Incident Teams, and the Culture of Care Initiative. The Office of First Year Experience Programs highlights many programs that can also help expose you to different cultural perspectives through the Trading Laces program. We encourage you to check out these upcoming programs, co-sponsored by FYE:

Tim Wise

Tim Wise, whom scholar and philosopher Cornel West calls, “a vanilla brother in the tradition of (abolitionist) John Brown,” is among the nation’s most prominent anti-racist essayists and educators. Wise is the author of six books, including his highly-acclaimed memoir, White Like Me:
Reflections on Race from a Privileged Son. Union Board and the Office of First Year Experience Programs will be hosting Mr. Wise on March 11 for two lectures, one at 12 p.m. in the Maurer Law School Courtroom, and one at 7 p.m. in the IMU Whittenberger Auditorium.

It's Not So Black and White: Talking Race, From Ferguson to Bloomington
March 26 from 7-9 p.m. in the Alumni Hall of the Indiana Memorial Union
Join us for a campus and community-wide Teach-In that examines the historical roots and current incidences of state-sanctioned violence against black people in America. Recent tragedies in Ferguson, MO and elsewhere have led many of us to confront hard realities about the challenges of living in a racially diverse, yet also highly segregated, society. The forum will feature three speakers: Professor Akwasi Owusu-Bempah, Criminal Justice, IU-Bloomington, a specialist on racial profiling, policing, and the War on Drugs; The Hon. Valeri Haughton, Judge of the Circuit Court, 10th Circuit and Presiding Judge, Monroe County Board of Judges; and Professor William Jelani Cobb, History and Director of Africana Studies, University of Connecticut, and journalist for The New Yorker. The session will be moderated by Professor Jeannine Bell, Maurer School of Law, IU-Bloomington and author of Hate Thy Neighbor: Move-in Violence and the Persistence of Racial Segregation in American Housing.

Study Skills for Success
Be confident walking into your exams this term!

- **How to Study Like a Boss: 5 Tips to Reduce the Stress of Studying for Exams** from IU's student blog We Are IU
- **Study Skills** from the IU Health Center
- Know the resources. Explore this list of resources offered to IU students in need of academic help.

Spring Break Tips
Spring Break is just around the corner! Check out tips to make your spring break safe and fun!

- "PCB? So not me!" Spring Break Alternatives from IU's student blog We Are IU
- **Spring Break Safety Tips** from IU Police Department
- Staying in Bloomington for spring break? Check out Visit Bloomington's list of things to do in Bloomington during spring break.

Whatever you choose to do this spring break – catch up on studying or work, travel, relax at home with family or friends, or stay on campus – take some time just to get centered for the final weeks of your first year as a Hoosier. You will be amazed at how fast the rest of the semester will go, and there is still much to do. You'll want to end with a bang, so while you are enjoying some time away from your classes, spend a bit of that time planning out the next couple of months. Consider your study schedule, your summer planning, your own academic and social IU Bucket list as well as the office IU Bucket list – you still have time your first year to knock out some of those items, too! See below for some ideas.
**IMU Late Night Activities**

IMU Late Nights is a new, weekly series of entertainment that takes place in the Indiana Memorial Union on Fridays from 9 p.m. to 3 a.m. Each Friday's entertainment includes many free events, including bowling and billiards, games, music, comedy, crafts, novelties, and more. Union Board shows their weekly film at 8 p.m. and 11 p.m. each Friday night, and the IMU Burger King is open for food service as well. Come out to the Union to have a blast on your Friday night! *(Note: no late night March 13 or 20 due to the spring break holiday.)*

**Apply to be a Welcome Week Assistant**

Want to be a part of one of IU's largest traditions? **Apply** to be a Welcome Week Assistant today! Welcome Week Assistants help with the planning and leading of activities offered by each residence center on campus during Welcome Week. Each residence center will select up to 12 volunteers for the Welcome Week Assistant position. As a bonus, Welcome Week Assistants can avoid the rush and move back to campus early!

**Anti-Stigma Campaign Competition**

Have you sometimes thought, “Stigma sucks”? If so, this creative competition is for you! The “U Bring Change 2 Mind” campaign has announced a 2015 Anti-Stigma Campaign Competition, complete with cash prizes for the top winners. UBC2M aims to eliminate the stigma associated with mental illness for college students at Indiana University. This competition is a campus-wide event for undergraduate students to design and present an anti-stigma campaign to Glenn Close, Co-founder, and Pamela Harrington, Executive Director, of Bring Change 2 Mind. Glenn and Pamela will be in town April 26-28 to judge the competition.

The audience of the campaigns is college students, but can be targeted more specifically toward another group within the college environment (i.e. athletes, LGBT, veterans, etc.). Entrants must be a group of 2-15 members of currently enrolled IU undergraduate students. At least one member of the group is required to be a freshman.

The intent-to-submit form is due by March 11; competition submissions are due April 10. The winning campaigns will be implemented in fall 2015. Click [here](#) for complete details about the competition.

**The IU Bucket List: Your "Must Do at IU"**

What have you accomplished on the official IU Bucket list so far? You can see the official list – suggested by students like you – [at this link](#). Look for items such as these:

- Request and read an old manuscript in the Lilly Library
- Score some free breadsticks
- Make and keep the Indiana Promise

This month’s featured Bucket List item: **Kiss someone special in the Rose Well House at midnight**. This structure, located in the Old Crescent of campus near the Sample Gates and the Herman B Wells statue, was built in 1908. Legend says a female student is not considered a true college co-ed until she is kissed in the Rose Well house at midnight. Learn more about this IU tradition [here](#).
Additional Resources
Visit the FYE events calendar for upcoming programs on campus and around Bloomington.

Still have questions about IU offices, policies, and procedures? Want to learn more about living in Bloomington, achieving academic success, getting involved, and staying connected? Check out the Online IU Resource Guide, a tool to help you sort through the many questions you may have throughout your time at IU that will provide you helpful information related to academic life, campus involvement, housing, health and wellness, transportation, and more.

And, as always, connect with us on Facebook and Twitter for announcements, ideas for getting involved, and insights from students who have been in your shoes.