Greetings from the Office of First Year Experience Programs

The spring semester is officially underway. As you begin to fall into a normal pattern of classes and social activities, make it a goal to venture beyond your normal schedule and explore other programs and events offered on the IUB campus. Check out the suggestions below for some out-of-the-box ways to stay engaged. Topics for this February Newsletter include:

- "It's On Us" Video Competition
- Health Center's Monday Motivators
- Union Board and FYE host Tim Wise
- Externship Opportunities during Spring Break
- Advising with Friends
- Housing for Next Year
- IU Bucket List Featured Activity

"It's On Us" Video Competition

"It's On Us" is a national awareness campaign designed by the White House to address the issue of sexual assault on college campuses. "It’s On Us" encourages everyone to make a personal commitment to step up and help prevent sexual assault. Indiana University Bloomington is joining the campaign. And, we want you to get involved too!

The Dean of Students Office is sponsoring a video competition to increase awareness of the campaign. Any Indiana University student may enter the “It’s On Us” PSA competition as a group, student organization, or as part of a department.

How to Enter:
Send an email stating your intent to create an "It's On Us" video PSA to care@indiana.edu by **Wednesday, February 18**. Complete instructions for submitting your video can be found [here](#).
The winning video will be shown during halftime at the March 7 IU vs. Michigan basketball game and heavily promoted by IU Communications.

Monday Motivators - IU Health Center
Counseling and Psychological Services (CAPS) is hosting workshops in February in the Indiana Memorial Union Room M005. These "Monday Motivators" are free to IU students. Upcoming topics include:

February 9: Help Me Sleep!
February 16: Academic Success
February 23: Self-Compassion and Resilience

Tim Wise
Tim Wise, whom scholar and philosopher Cornel West calls, “a vanilla brother in the tradition of (abolitionist) John Brown,” is among the nation’s most prominent anti-racist essayists and educators. Wise is the author of six books, including his highly-acclaimed memoir, White Like Me: Reflections on Race from a Privileged Son. Union Board and the Office of First Year Experience Programs will be hosting Mr. Wise on March 11 for two lectures, one at 12 p.m. in the Maurer Law School Courtroom, and one at 7 p.m. in the IMU Whittenberger Auditorium.

Hoosier Externship Program - A Great Spring Break Option
As an IU undergrad, you’re eligible to apply for this exciting opportunity to meet employers, network and learn more about the world of work! You do not need any previous career-related experience to apply for the Hoosier Externship Program, which will take place during spring break. Check out this great addition to your resume! Learn more about the Hoosier Externship Program here.

ADVISING with FRIENDS
ADVISING with FRIENDS is a unique opportunity to be part of Group Drop-in Career Advising at the Career Development Center (CDC). Groups of up to three friends can all come to the CDC together for a group drop-in session where you will learn more about the career development process from our expert career advisors. Small group members can act as a support and encouragement system for each other as you each take steps towards preparing for a meaningful and rewarding career.

Drop in Advising Hours: Monday-Friday, 12:30-4:00 p.m.
Career Development Center: 625 N. Jordan Ave.
Housing for Next Year

If you find yourself unsure of where to live next year, stop by the Housing Fair in the Indiana Memorial Union Alumni Hall on **February 4** from 10 a.m. to 4 p.m. You can enter to win great prizes from local businesses, have fun and explore your housing options. There will be representatives from many off-campus apartments as well as Residential Programs & Services with on-campus housing options.

Living on campus next year? **February 4** is the deadline to apply to live in the same area. Students wanting to live in a different residence hall or apartment on campus can apply from **February 9-27**. Questions about on-campus housing can be directed to Residential Programs & Services at (812) 855-1764 or rpshelp@indiana.edu. Chat with staff through the RPS website after regular business hours. Operators are available to help you Sunday-Thursday from 4 p.m. to 10 p.m.

The IU Bucket List: Your "Must Do at IU"

What have you accomplished on the official IU Bucket list so far? You can see the official list – suggested by students like you – at this link. Look for items such as these:

- Experience an opera at the Musical Arts Center
- Learn about controversial sex research at the Kinsey Institute
- Get a glimpse of life in Bloomington by volunteering in the community

This month's featured Bucket List item: **Taste culture at many of the international restaurants on 4th street**. Make your way down to 4th street to find the most eclectic collection of restaurants around! You can choose from Thai, Afghan, Mediterranean, Turkish, Korean, Cajun, Tibetan, and much more.

Additional Resources

Visit the **FYE events calendar** for upcoming programs on campus and around Bloomington.

Still have questions about IU offices, policies, and procedures? Want to learn more about living in Bloomington, achieving academic success, getting involved, and staying connected? Check out the **Online IU Resource Guide**, a tool to help you sort through the many questions you may have throughout your time at IU that will provide you helpful information related to academic life, campus involvement, housing, health and wellness, transportation, and more.

And, as always, connect with us on **Facebook** and **Twitter** for announcements, ideas for getting involved, and insights from students who have been in your shoes.